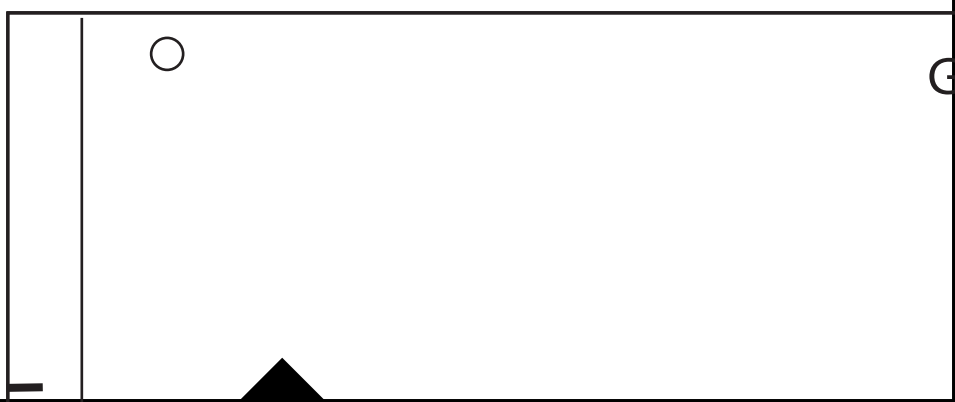
1

fren

THE ORLA DRESS

Please see instructio



chnavy

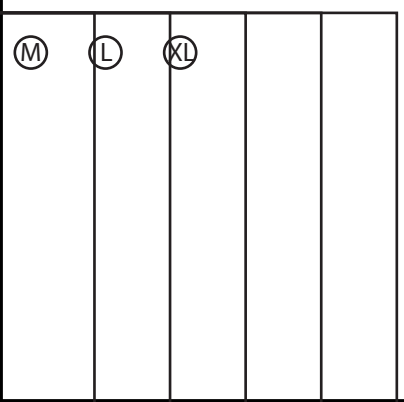
www.frenchnavy.co.za

ns for additional information

ATHER BETWEEN CIRLCES

XS S

3



Orla dress

Front

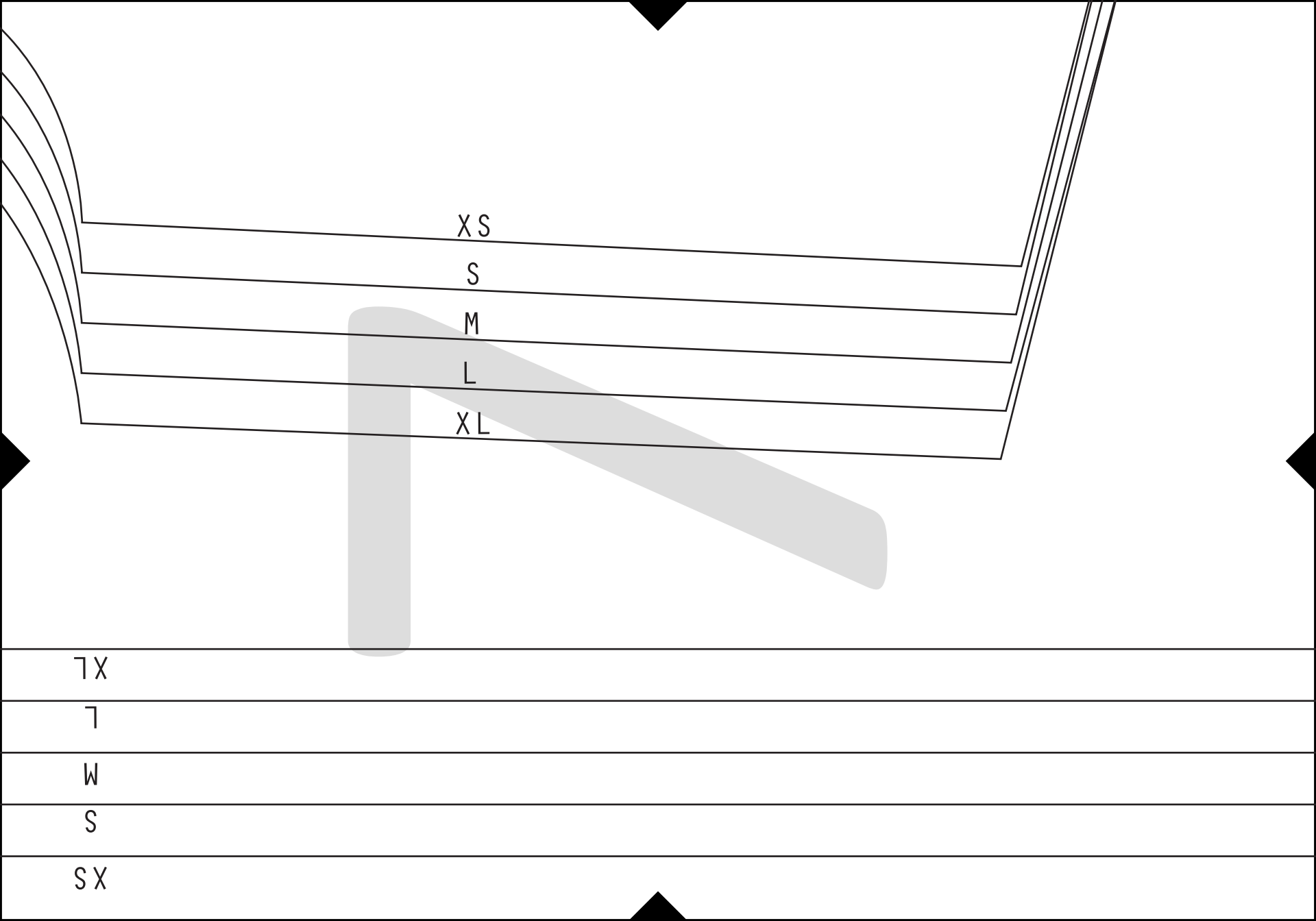
SEAM *STRAIGHT GRAIN*

ORL

LA DRESS

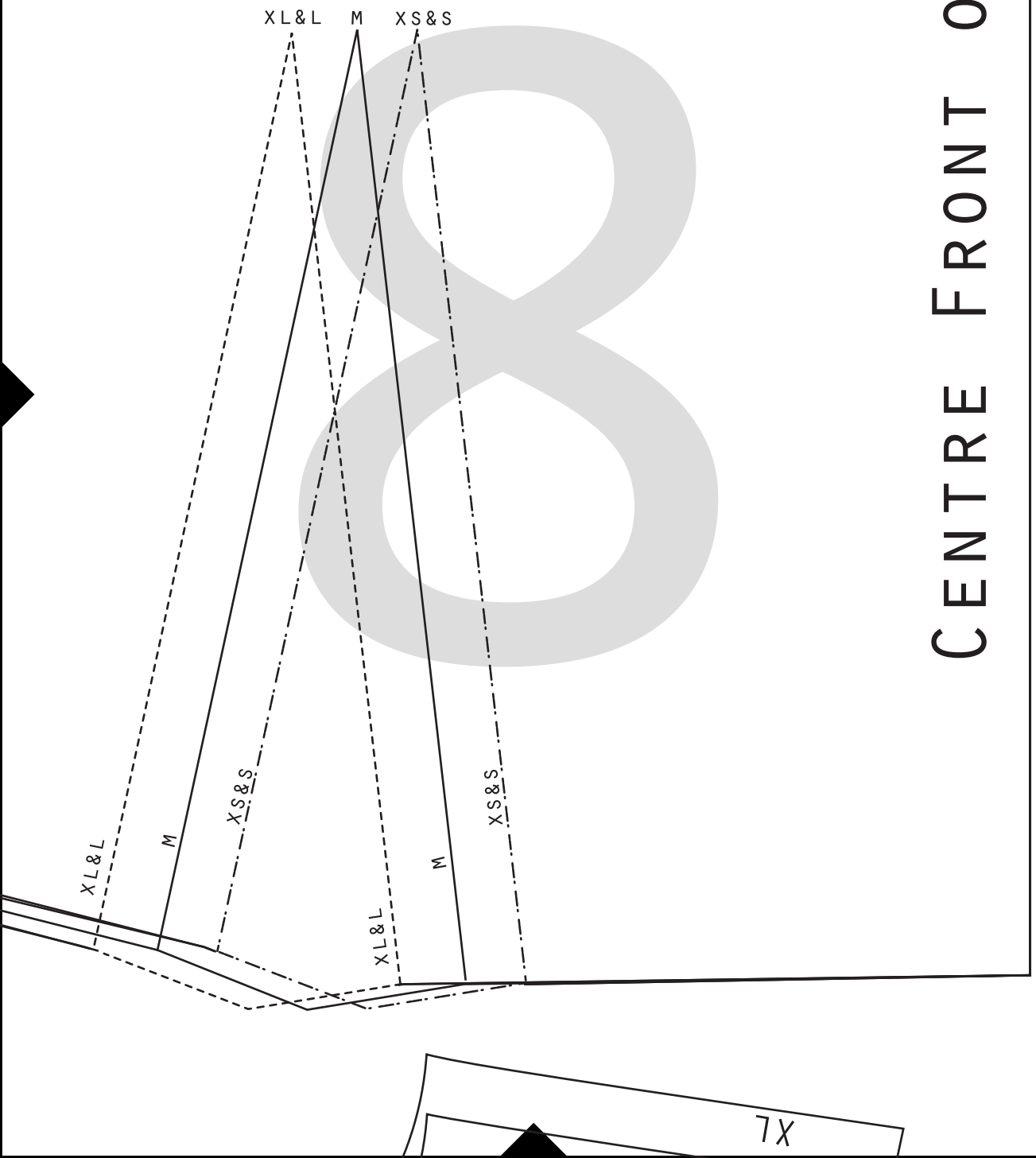
6

BACK SKIRT CUTX2


XS
S
M
L
XL
XL
L
W
S
SX

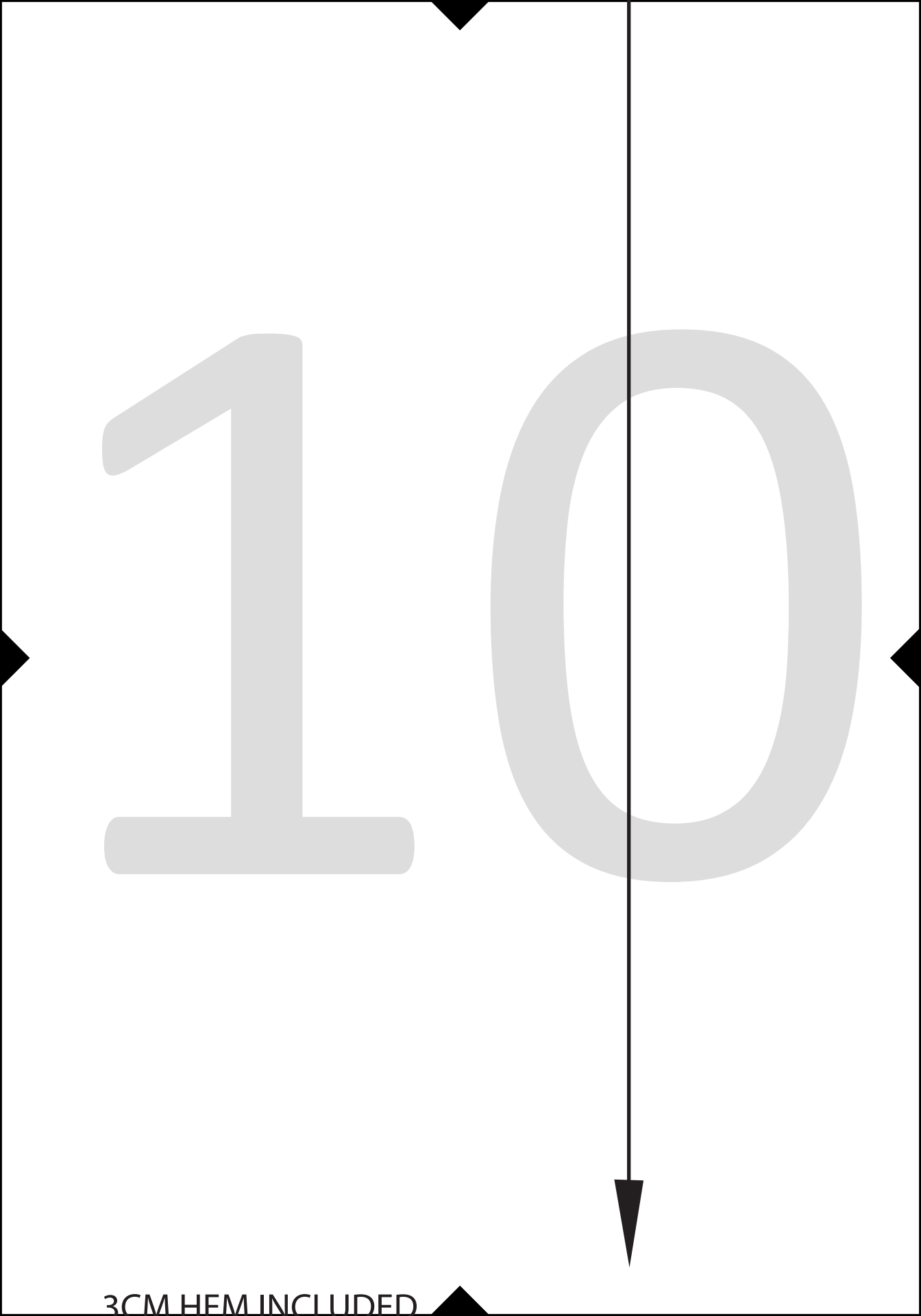
Bodice
cut x1
on fold

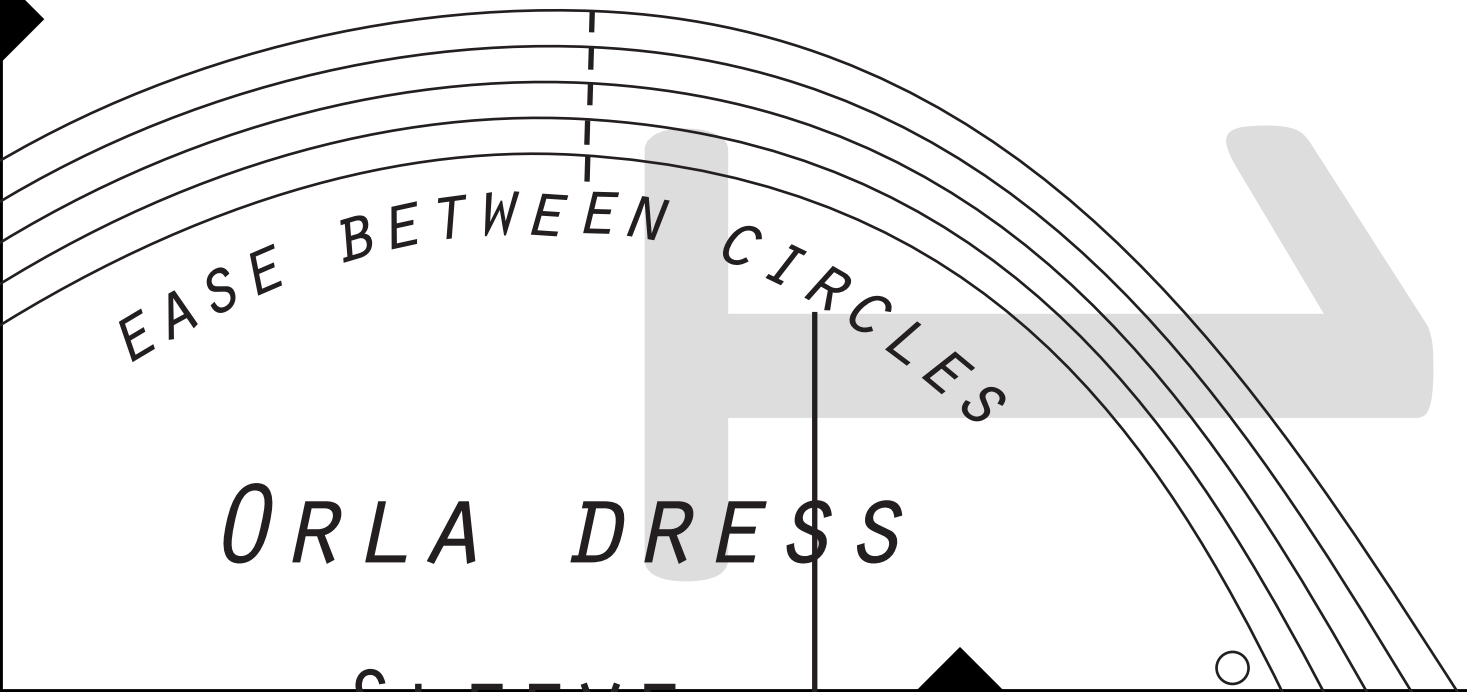
1cm Seam Allowance Included



Centre Front on Fold

Centre Back


10
3CM HEM INCLUDED



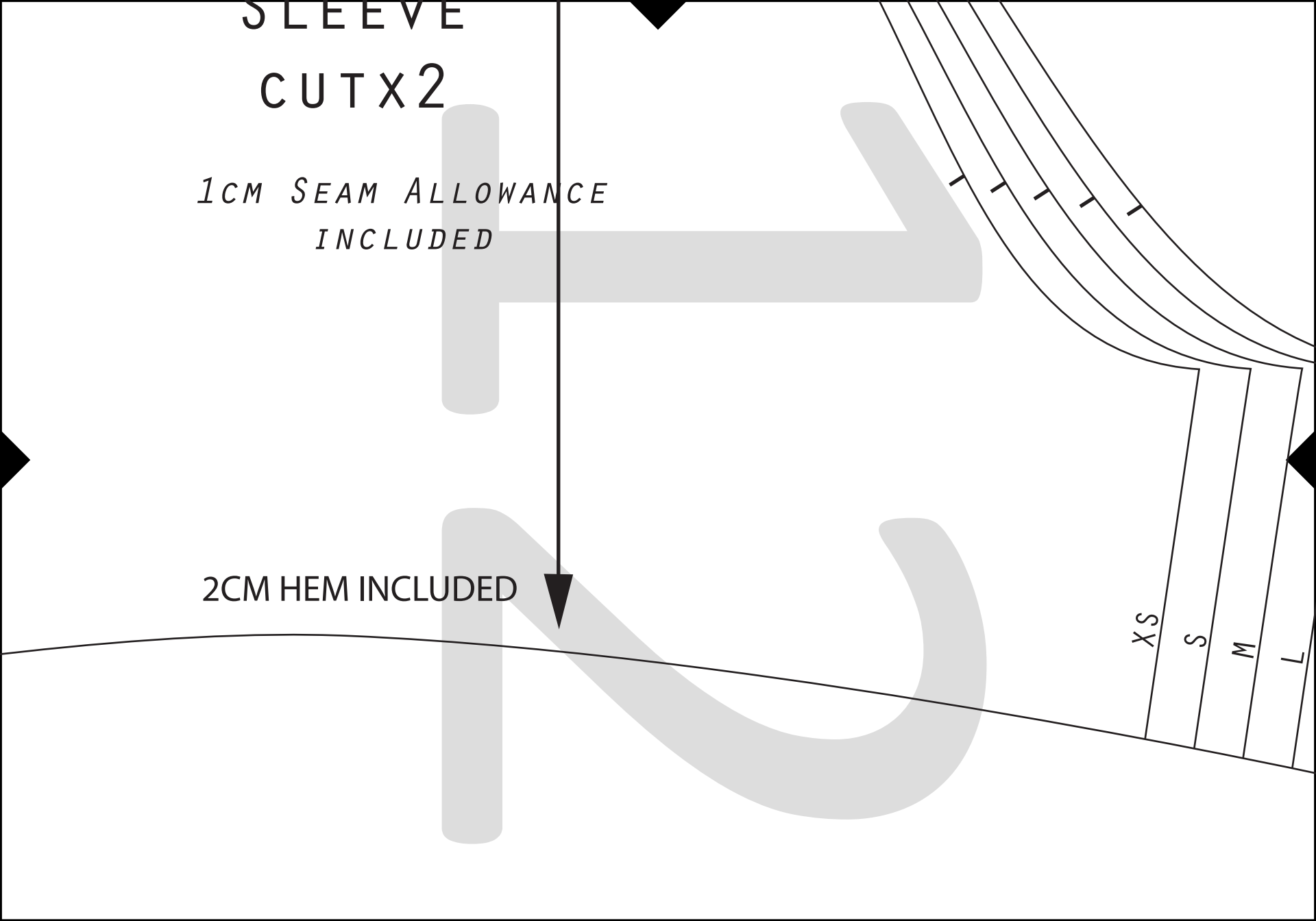
ORLA DRESS

SLEEVE

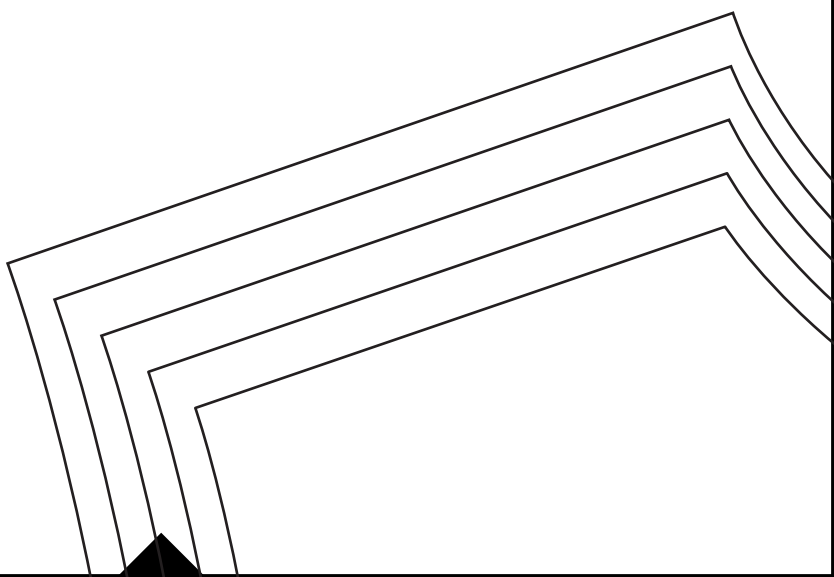
CUTX2

1CM SEAM ALLOWANCE INCLUDED

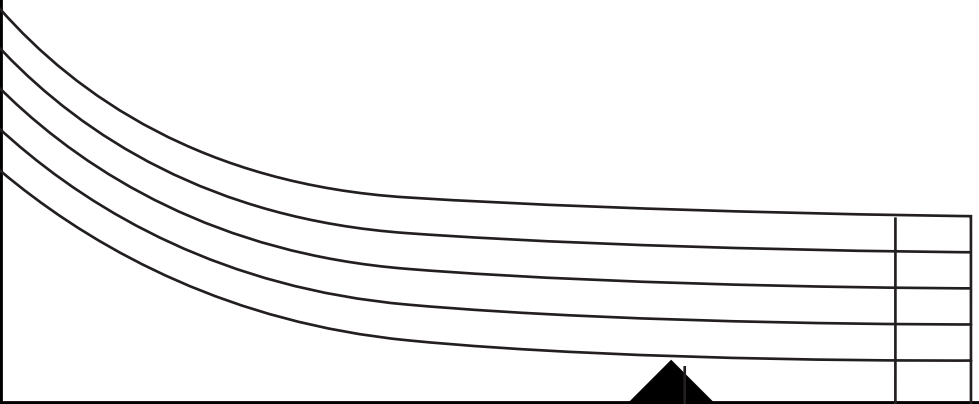
2CM HEM INCLUDED



13

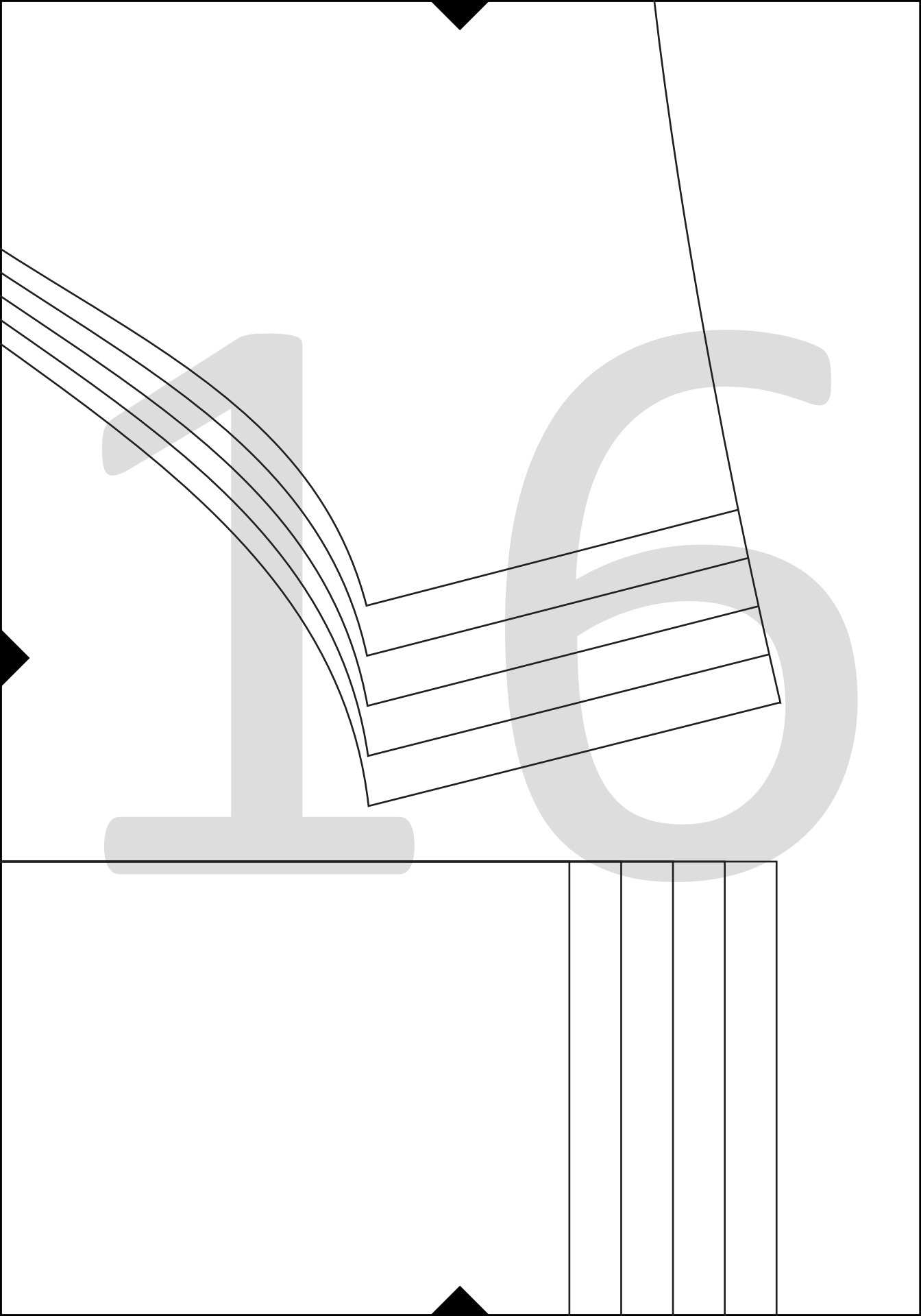


TESTER SQUARE SIDES SHOULD MEASURE 10cm



15

3CM HEM INCLUDED



17

ORL

B

1cm SE

CENTRE FRONT ON FOLD

CENTRE BACK SEAM

18

A DRESS

BACK

ODICE

UTX2

EAM ALLOWANCE

NCLUDED

M XS&S

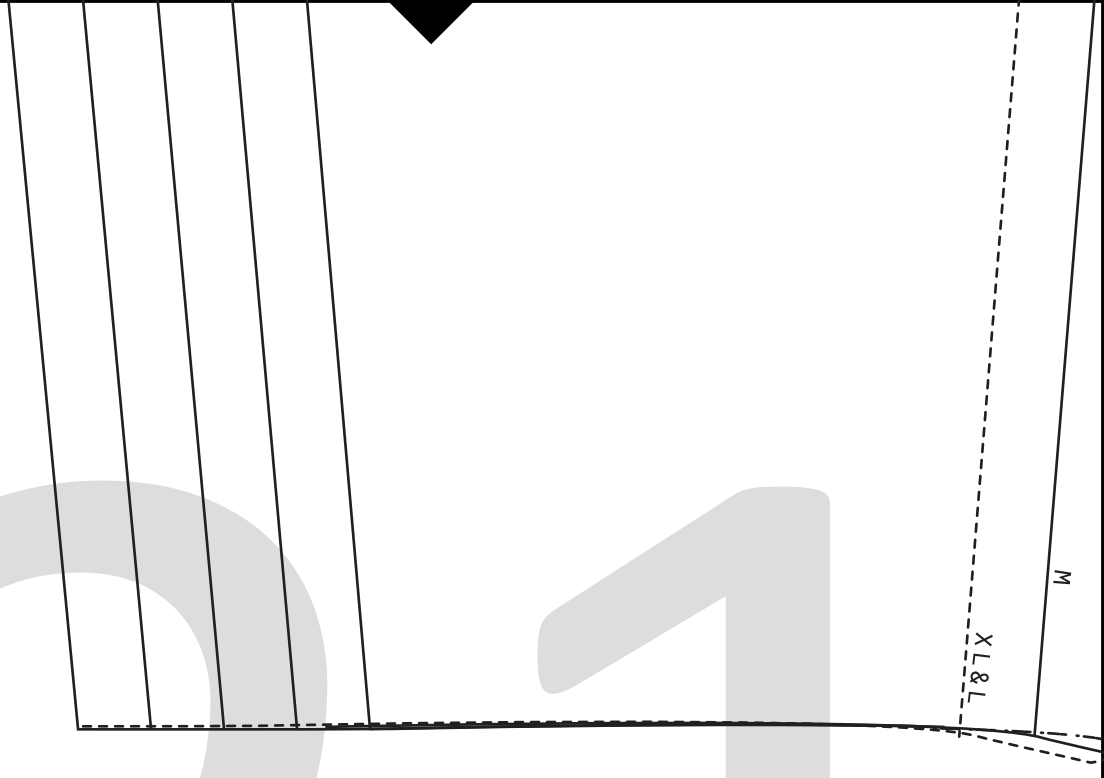
CUTXI

N FOLD

6T

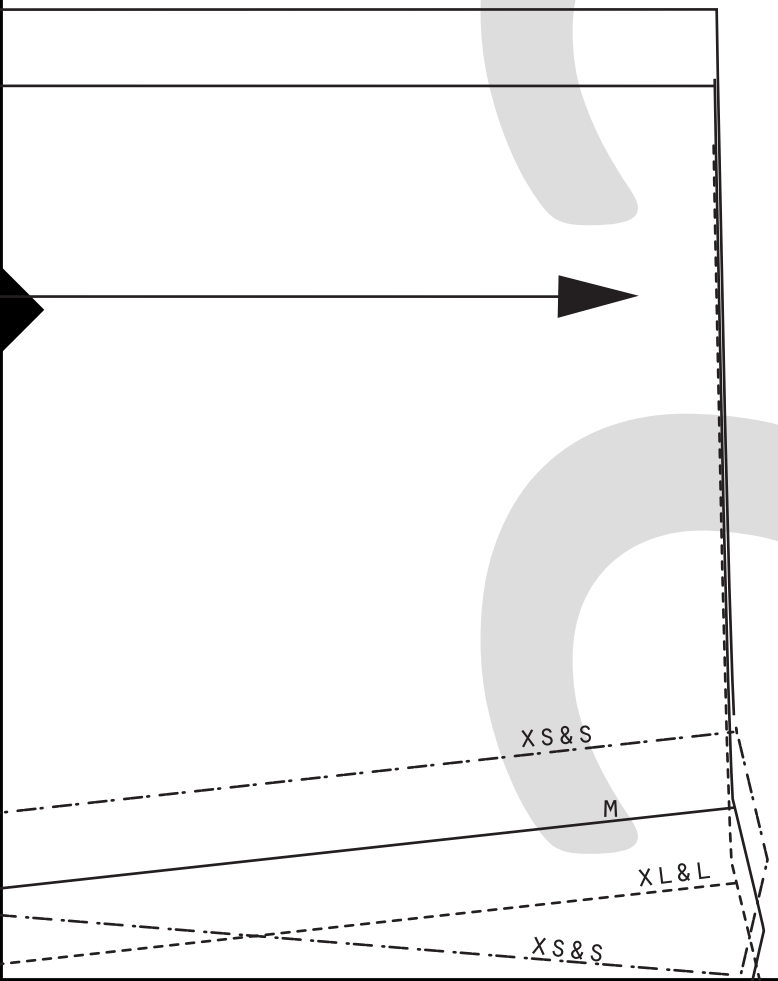
20

0



21

STRAIGHT GRAIN



GATHER BETWEEN CIRLCES

37

LA DRESS

FRONT SKIRT CUTX1

OR

24

XS

S

M

L

XL

Ⓧ Ⓢ Ⓜ Ⓛ Ⓧ

THE ORLA DRESS

Orla is a versatile, everyday dress with a semi-fitted bodice and a flattering, slightly raised waist. The skirt is gently gathered for comfort & ease of movement and falls just above the knee if you are 170cm tall. Please adjust length according to your height and preferences.

Recommended Fabrics: Softly draping dress fabrics like Viscose and Rayon.

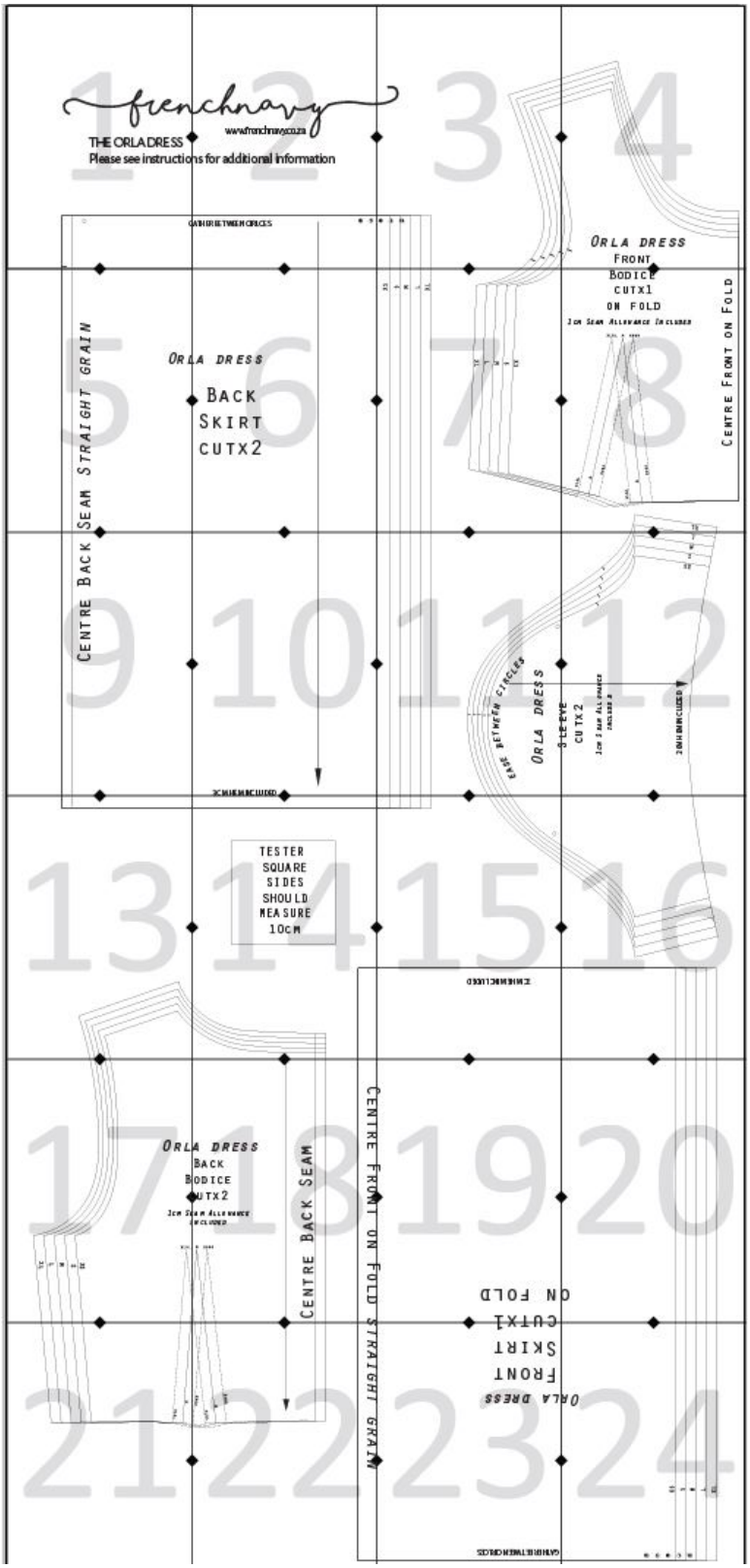
Meterage/ Yardage: 1.45m/ 1.59 Yards of fabric 150cm/ 29.5 inches wide. More fabric will be required if fabric is narrower.

Cutting Instructions: Cut all pieces as indicated on the pattern pieces. Also cut a 4cm wide bias strip for neck binding, roughly the same length as the neck (about 75cm).

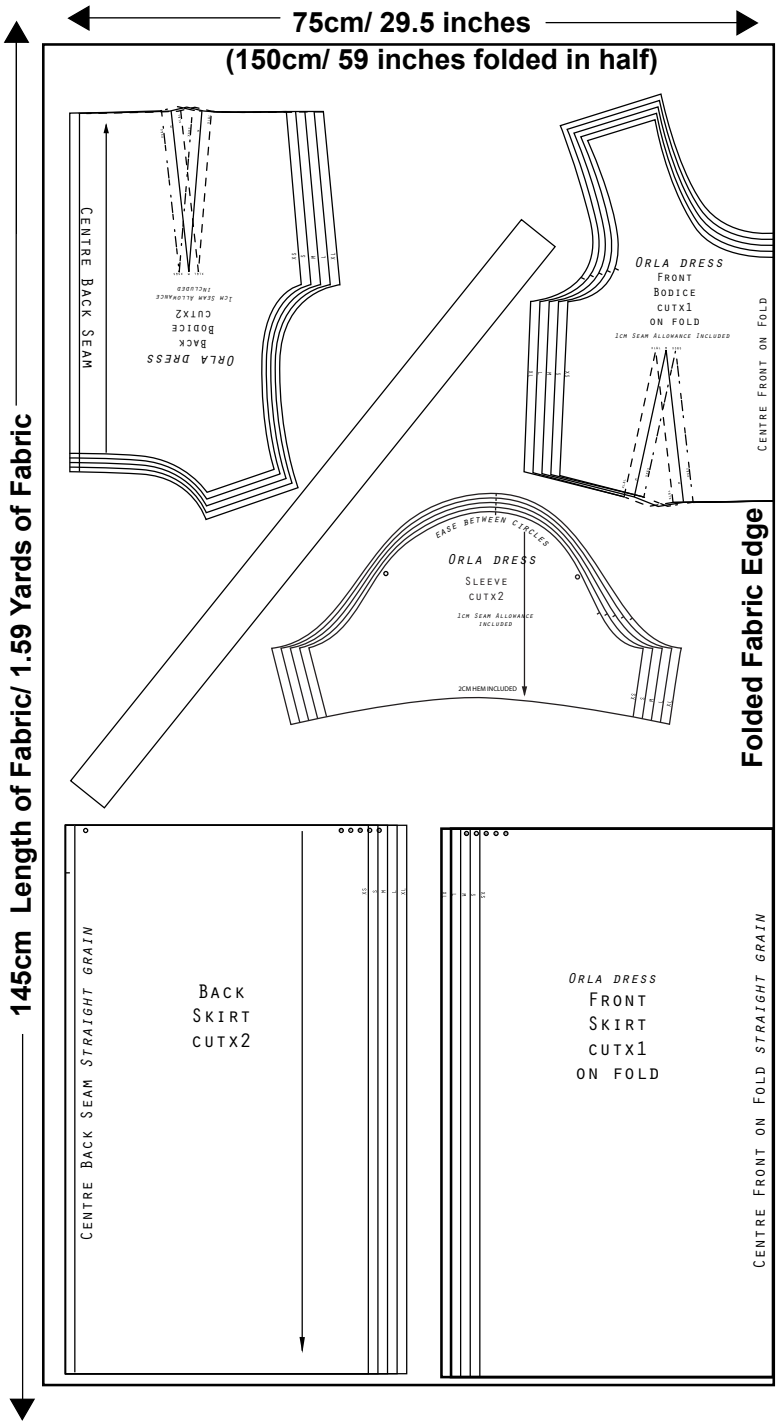
Other Requirements: A 40cm concealed zip.

	XS	S	M	L	XL
UK SIZE	8	10	12	14	16
US SIZE	2/4	4/6	8	10	12
BUST	81	85	89	93	97
WAIST	63	67	71	75	79
HIPS	87	91	95	99	103

A4 Tiling Layout



Cutting Layout for fabric 150cm wide.



PLEASE NOTE: A seam allowance of 1cm is included in the pattern, if you usually sew with a 1.5cm allowance and would prefer to sew with an allowance of that amount, then please remember to add on an extra 5mm before cutting.

Sewing Instructions

1. Sew darts on front bodice and press toward the centre front.

2.Sew darts on back bodice and press toward the centre back.

3. Join side seams and shoulder seams and press towards the back.

4. Fold binding strip in half lengthways and press.

5. Sew folded binding strip to neck edge (matching raw edges) with a narrow seam allowance of around 7mm, gently pulling the binding as you sew so that it stretches slightly as the two are joined. Cut away any excess binding length.

6. Press seam towards binding strip and understitch on the binding very close to the seam edge. Trim seam close to stitch line.

7. Binding will be completed after insertion of zip.

8. Stitch two lines of easing stitches between the circles of sleeve head. Use a long stitch length (about 3.5 or 4). The first line of stitches should be about 5mm from the edge of the sleeve head, and the second should be about a 10mm from the first line.

9. Gently pull on both bobbin threads from the one side to form gathers in the sleeve head (there are loads of online tutorials on this if it seems unclear).

10. Pin sleeve to bodice, matching notches at front underarm and at shoulder seam.

11. Distribute gathers evenly and neatly so that sleeve head fits and that there are no visible tucks.

12. Sew sleeve to bodice.

13. Follow the same steps as in step 8 stitching between the circles on skirt front and skirt back

14. Join skirt side seams.

15. Pin side seams of skirt to side seams of bodice.

Sewing Instructions Continued

16. Gently pull both bobbin threads from both sides on the front skirt until the fullness is gathered to fit the bodice. Evenly distribute these gathers and pin to bodice.

17. Do the same at the back, gathering the fullness to fit the back bodice.

18. Once you are happy that your gathers are neat and evenly distributed then sew skirt to bodice.

19. Remove gathering stitches and press seam up toward bodice, flattening and setting gathers at the same time.

20. Insert Zip.

21. Fold Binding to inside of dress and pin or baste down, tucking in raw edges of binding at centre back. Press flat and topstitch at around 8mm from neck edge.

22. Sew hems on sleeve and skirt.

I hope that you enjoyed this pattern and get much wear out of your dress, Please let me know any thoughts or questions!